



# ST. NORBERT ADULT EDUCATION CENTRE

IN PARTNERSHIP WITH BEHAVIOURAL HEALTH FOUNDATION & WINNIPEG TECHNICAL COLLEGE

## Inside this issue:

- 2 A Great Place to Learn English
- 2 The World Comes to SNAEC
- 2 Meet the SNAEC Staff
- 3 Never too Late to Learn
- 3 Math: the Essentials
- 3 The Graduating Class of 2010
- 4 Ready for your Close Up?

Issue 2 May 30, 2010

## SNAEC is an Adult Learner Friendly Institution (ALFI)

St. Norbert Adult Education Centre (SNAEC) has met the criteria to be designated an Adult Friendly Institution (ALFI). To maintain this designation SNAEC adheres to the ALFI 8 key principles of effectiveness:

- Outreach: SNAEC conducts its outreach to adult learners by overcoming barriers in time and place in order to provide accessibility to adult learners from diverse backgrounds.
- Life & Career Planning: SNAEC assists adult learners' with their life and career goals before or at the onset of enrollment to align their capacities with their goals
- Financing: SNAEC assists adult learners to explore an array of scholarships and funding options for those who may want to transition into post secondary education and training.
- Assessment of Learning Outcomes: SNAEC defines and assesses the knowl-

edge, skills & competencies acquired by adult learners both from the curriculum and life/work experience in order to assign credit (RPL – Recognition of Previous Learning)

- Teaching/Learning Process: SNAEC's faculty uses multiple methods of instruction (including experiential and problem based methods) for adult learners in order to connect curricular concepts to useful knowledge and skills.
- Student Support Systems: SNAEC assists adult learners to use comprehensive academic and support systems in order to enhance their capacities to become self-directed, lifelong learners (Adult Learner Assessment Portfolios)
- Technology: SNAEC uses information technology to provide relevant and timely information and to enhance the learning experience. The computer lab is equipped with the latest version of MicroSoft Office 2007. Seminar in Business and Automated Office

are two Grade 12 40S courses, which are recognized by Winnipeg Technical College (WTC) as dual credits in their Administrative Assistant Program

- Strategic Partnerships: SNAEC engages in strategic relationships, partnerships, and collaborations with employers and community members. The Adult Learners in Career Awareness 40S and Seminar in Business 40S are required to complete practicum (50 hrs) with local employers/businesses.

St. Norbert Adult Education Centre is a registered Adult Learning Centre (ALC) with Advanced Education and Training.

Registration begins in June for returning students for next year's credit courses. New students to SNAEC may register in July.

Semester 1: Sept 2010-Jan 2011  
Semester 2: Feb 2011-June 2011

## Opening New Doors



The first day I walked into these doors I was playing cool and collected but in the inside I was nervous as hell. Believe me I felt the pressure of my own self doubt. The hardest part was overcoming my own fears, to stop lollygagging around and just do it! I had to really push myself through these doors to take these credits. I started the literacy program first, to get a feel of the school setting and get ready for credit course to see what level I am at as a student.

I probably couldn't have done it without a program like the St. Norbert Adult Learning Centre. The environment is warm and comforting, almost like home. The staff are awesome. It's really up to you if you want to better your life. Only you, and you alone, can change your life for the betterment of yourself and children.

I'm proud to say I will be graduating June of 2010. This is my stepping stone. Graduating will

open new doors and opportunities for me. I didn't think in a million years I would graduate at the age of 29 years old. It's been a long hard road, but I have made it.

My children are now pre-teens and it's my turn to take care of myself. The Adult Learning Centre has helped me do that. It has helped me find the road I always wanted to travel. Now I can get that career I always wanted, be independent, and become a contributing member of society. It takes time and persistence, but it's well worth it. Graduating is not the ending of my journey. It's just the beginning to bigger and better things in life. I am planning to study for a my Health Care Aide Certificate in the coming year.

Alisa

## A Great Place to Learn English

When I first came to SNAEC, I was nervous. I had so many questions going on inside me that I didn't have the courage to ask. I told myself to keep coming and see what the program was about. I met Kate, she was nice and open to answer every kind of question. She made me feel less nervous. She introduced me to other students and other members of the staff. She suggested I take other classes as the semester was started. At first I



was not feeling confident enough to go to someone else's class. She told me you will get more English by taking other classes. That is what I did and I opened up to other students in the centre. Everyone helped me to improve my English.

Nana

## Time to Upgrade

SNAEC is one of the best places for upgrading. When I started the grade 12 program I was a bit hesitant and anxious. I only had a grade 10, so this was a big step for me personally. As I started the course things became more appealing to me. I discovered new ways of learning and study skills. I met new people. Also, the teachers in the school are very supportive and will give you help if you need it. I had a very positive experience in learning and I would highly recommend people that need upgrading to come to SNAEC.

Paul

## Become a fan of SNAEC on Facebook!

Yes, SNAEC now has a page on Facebook! Keep in touch with us on line. Get updates on events and registration. Just search for "St. Norbert Adult Education Centre" on [www.facebook.com](http://www.facebook.com) to join.

## The World Comes to SNAEC

World Issues 40S is an exciting new course available to adults who are newcomers to Canada. It is designed for immigrant students who have first hand knowledge of the world through their journey to Canada. Many students coming to SNAEC tell stories of their life in Africa, Central America and Asia. Many of these stories are of survival in difficult political, economic and environmental situations. Their life experience as a refugee and/or an immigrant to Canada

shows they often know much more than if they were to take a Social Studies or Geography course. Our new course at SNAEC uses Prior Learning Assessment (PLA) to assess adult students knowledge of world issues through a project portfolio. If students can demonstrate in a project that their life experiences in their home country and the experience of coming to Canada matches the curriculum for World Issues 40S they are granted a grade 12 credit.



## Meet the SNAEC Staff



Starting from the left: Kate (Literacy teacher), Kelli (Program Coordinator/Student Advisor), Zia (Biology & Math teacher), Kevin (English, Media, Career Education & Family Studies teacher), Kathi (Computers, English, Math & Science instructor), and Rani (Math teacher).

## Going Back to School: Tips for Success

- Most adults feel apprehensive about returning to the classroom, but you don't need to be. Teachers like having adult students in their class because they bring real world experience.
- Think about why you are returning to learning. Do you want to further your career or change careers? Are you looking for self-improvement?
- Take a few classes to test the waters. Most people are pleasantly surprised at how well they do. Make your well-being a priority. Do not compromise on the things that keep you going physically and emotionally.

## Never too Late to Learn



Being out of school for roughly 20 years, my goal one day was to go back to school and finish my grade 12. Having kids made me think about how I can be a role model, I did this by showing them how hard I worked and being committed to the working field.

The first day I walked into the St. Norbert

Adult Education Centre. was a huge thing for me after being out of school for a long period of time. I was very nervous and scared. Meeting the Director and staff made me feel at ease and welcome. How things are taught by the teachers, and how the programs are set up make it comfortable and easy to learn. Now I have a clear view of where I'm heading and really appreciate the SNAEC for giving me a chance to better myself and showing me that it's never too late to educate.

Meegwetch,  
Wayne.

## This Place Feels Right

My experience at the St. Norbert Adult Education Centre has been a nice one. I've found that the teachers are very nice and extremely helpful when you need it. They care for you and want to see you succeed. They don't act like your parents and force you to class and try to discipline you. Here you feel the freedom, which, in my opinion, makes you want to learn more. The facility is nice as well, the rooms are big enough and there are a lot of computers to use. The classmates are also what makes this school very different. I like that I'm with a wide range of different people, cultures and ages. I've made some friends and learned a lot from other people.

Sheena

## Math - The Essentials

Mathematics 40S is one of the required courses for adult learners to graduate with a mature high school diploma. This year students can still choose from Consumer Math 40S, Applied Math 40S and Pre-Cal Math 40S. The Consumer Math 40S has been revised to become Essentials Math 40S. Why it is important to study math? Mathematics is much more than the four basic operations of addition, subtraction, multiplication and division. Mathematics

is an everyday tool, a language, the study of patterns, a way of thinking and even an art form. The new Essential Mathematics courses 30S and 40S are designed to help adult learners be more successful in a wide variety of mathematical skills, boost their self-confidence in problem solving situations, become better prepared to make informed decisions in many areas of their everyday life (car loans, mortgages, income taxes, investment loans, personal loans/

lines of credit, shopping and credit cards), to become more capable of processing information, to explore math career opportunities and to be better prepared to adapt to a life in a world of changing technology, which has math as a base. Math is a way of understanding the world around us. You can apply skills learned in Essential Mathematics 30S and 40S to real-life situations.

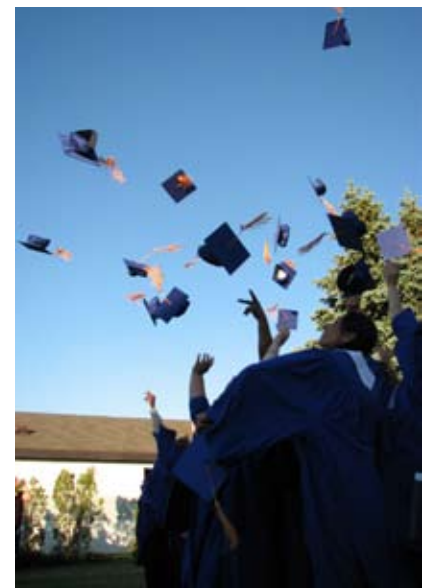
## The Graduating Class of 2010

The graduating class of 2010 will have the honour of being the first class to graduate at the conclusion of the first decade of the new Millennium. At St. Norbert Adult Education Centre the number of graduates has reached 300. Congratulations to all of those graduates past and present.

To identify opportunities for graduates, Manitoba Advanced Learning and Literacy (Manitoba Advanced Education and Training) is in the process of identifying best practices in Adult Learning Centres (ALC's) that focus on program structures that will enable adult students, including under-represented groups in the workforce (i.e. Aboriginal, immigrant), to make

more effective and successful transitions to further education, employment and training. Three communities (St. Norbert Adult Education Centre-Winnipeg, Kelsey Adult Education Program and Winkler Community Learning Centre) were identified as case studies for this project.

On behalf of the staff at SNAEC and the Behavioural Health Foundation, I would like to congratulate the graduating class of 2010. I hope you have a successful transition to further education, employment (or better employment), and training. The graduation ceremony for the Class of 2010 will take place on Thursday, June 24 at 7:30pm at the St. Norbert Community Centre.



## Adult Literacy Program

### What can you expect?

A relaxed and respectful atmosphere, an education with no registration or tuition fees, one to one help and group work, individualized educational plans and continuous intake.

### What do we offer?

- Morning / afternoon classes
- Learners work at own pace
- Assessments available to potential students
- Upgrading of math & language arts skills
- Access to our computer lab for assignments

**Eligible Students:** All students complete assessments in reading, writing, and/or math.

New Canadians are welcome once they have attended an English as Additional Language program (EAL) and have achieved a Canadian Language Bench Mark level 4 or more and can provide official documentation.

## Mature Diploma Program

Semester One: Begins September 14, 2010

Semester Two: Begins February 1, 2011

Classes run Monday-Thursday during the following times:  
9AM-12PM, 1PM-4PM, and 6PM-9PM

### Credit courses available:

- Grade 10 & Grade 12 English
- Grade 12 Career Development
- Grade 10 Keyboarding
- Grade 12 Seminar in Business
- Grade 9 Applying ICT
- Grade 12 Automated Office
- Grade 10 & Grade 12 Consumer Math
- Grade 11 & Grade 12 Pre-Cal Math
- Grade 10 Science
- Grade 12 Biology
- Grade 12 Family Studies
- Grade 10 Digital Pictures
- Grade 11 Interactive Media
- Grade 12 Media Studies
- Grade 12 World Issues
- Grade 12 Foundations for Healthy Living
- Grade 12 Skills for Academic Success
- Grade 12 Communications
- Intro to University

### Contact us:

**Phone: 204-261-3312**

**Fax: 204-275-8847**

**E-mail: [kellib@educbhf.ca](mailto:kellib@educbhf.ca)**

**[www.bhf.ca](http://www.bhf.ca)**

**35H Ave de la Digue**

**St. Norbert, MB R3V 1L6**

## Ready For Your Close Up?



**“I now have the knowledge and ability to capture good quality pictures” -Tia**

Students at SNAEC have been getting excited about our grade 12 Media course and Digital Pictures class. The course begins with an in depth look at how the media works: what goes into the making of the average TV show, web sites, news and media. A major part of the course is understanding the basics of photography and how to take better pictures. This portion of the course is hands on with each student taking lots of pictures , and

how to adjust them in Photoshop Elements to create a portfolio. One student, Tia said, “This class was amazing! It was for sure one of the best classes I have ever taken. In this class we were able to learn about photograph and everything that goes with it; for example learning all the parts of the camera and all the different angles/techniques that go with being a good photographer.”

