



ST. NORBERT ADULT EDUCATION CENTRE

IN PARTNERSHIP WITH BEHAVIOURAL HEALTH FOUNDATION & WINNIPEG TECHNICAL COLLEGE

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Adult Education Program @ SNAEC

The St. Norbert Adult Education Centre (SNAEC) provides an alternative to a "regular" high school setting by offering adult ed courses in a variety of subject areas from grades 10, 11 and 12 in addition to a Literacy program that allows students to refresh knowledge and upgrade skills in English, Math, Science and computers prior to entering high school credit courses.

The St. Norbert Adult Education Centre is operated by the Behavioural Health Foundation in partnership with Winnipeg Technical College (WTC). There is no cost to our programming. Students must be at least 19 years of age or older or out of school for six months to participate.

Students taking adult ed courses can complete a Mature High School Diploma (8 credits) or Regular High School Diploma (28 credits), or high school graduates can upgrade for post secondary education

by taking specific courses. See link below for the specific course requirements for the Regular Diploma.

Four credits must be at the Senior 4 (Grade 12) level and must include Math 40S and English 40S. The other four credits can be credits earned in grades 9 to 11.

At SNAEC you can expect: a relaxed and respectful atmosphere; no registration or tuition fees; intake every 10 weeks; and morning, afternoon, and evening classes.

We offer all levels of upgrading to grade 12. You can earn high school credits: high school diploma, mature high school diploma and university entrance.

Phone: 204-261-3312
 Fax: 204-275-8847
 Web: www.bhf.ca

Finishing my Grade 12 was my dream. It has given me confidence and an open mind to do anything I want. Alba

The St. Norbert Adult Education Centre has certainly helped me to change my life around. I look forward to what my future will bring. Jason

See for yourself

Nice people, friendly teachers

Atmosphere is good

Education is what you'll get

Come and enjoy learning... Gloria

English Tastes Good

I was sitting in an English classroom, surrounded by adult students from at least 10 different countries. In front of me was a plate piled high with delicious ethnic food; the chatter in the classroom included recipes and stories that helped us understand each other. With such a diverse range of ethnic backgrounds, it seemed like a good fit to include a potluck meal in my grade 12 English classes, something that has now become a regular fixture every semester. As we each brought some home cooked food, and shared a meal together, we began to understand each other better. It is no secret that when

people feel comfortable, their potential for learning increases. Building community at SNAEC is important, and in the grade 12 English courses that I teach, regular class discussions and group work get students thinking and help them get to know each other. As students are comfortable with their classes, they are often more confident in their school work, and less likely to drop out. Our lively discussions keep me thinking long after the end of a class, and with these potlucks, I leave with a full stomach too.

By Kevin Nikkel
 40S English Teacher



Welcome to SNAEC!

Linda's Story



Back when I was a teenager, I quit school after taking grade 9. I loved school, but was needed at home. Many years

passed, I got married, had 3 kids and forgot about my love of learning. Then last summer I noticed an advertisement in the mail for the Adult Education Centre in St. Norbert. The timing seemed perfect as my kids were older and didn't need my full-time attention anymore. Moreover I was looking into getting a job and a higher education would definitely help. I registered for classes starting in September. The career counsellor, Kelli, was extremely helpful in deciding which courses to take. She went out of her way to make me feel comfortable. The teachers are all fantastic and helpful as well. My thanks to Rani in Consumer Math, Kathi in Business, Kevin in English; you've made my year in school one I'll always remember.

One of our assignments in Automated Office was to do our work placement, working for 25 hours for free, in a job we were

interested in. I am interested in office work, so I went to work as a filing clerk for a trucking business. I found it to be very useful. In fact, now in my second semester, I've already been hired by the same company. I guess they saw that I was capable of the job and I knew I loved working for them! I used to work at Burger King, but I'm finding that working in an office is so much more rewarding plus the wages are higher. Education really does make a difference. Life is full with school, work, as well as being a wife and mother, but it's working really well so far. This was one of my goals in the beginning of the year and hard work combined with a positive attitude has gotten me there a lot faster than I had hoped for. Going back to school has been one of the best decisions of my life. Linda Dueck

The End is Great: Libby's Story

Going back to school was the best decision of my life!

Libby was born in Selkirk, Manitoba. She claims that drugs and alcohol took a hold of her since the age of 13 until 41 when she decided to enter a treatment center. Her two youngest children were reunited at the treatment centre. Libby credits Kevin; one of her fellow resident's who encouraged her to become an

expeditor, a position of leadership among her peers. He also encouraged her to attend SNAEC.

Libby had to balance her responsibilities as expeditor of the house, school, and parenting her children. She credits all of her teachers for their support and encouragement. Libby said, "They would not allow me to say I can't do it". Libby found graduation ceremonies a contrast between joy and anxiety. She recalls walk-

ing up on stage to receive her diploma as one of the proudest moments in her life. Presently Libby co-facilitates "family violence and widening circles workshops". She participates in a project called "Taking Charge". This program supports single moms to prepare for college. She discovered that school helped her fulfill her potential. Libby's long term goal is to complete her applied counseling so that she can give back.

Mandana's Journey to SNAEC

Mandana was born in northern Iran, also known as Kurdistan. Mandana enrolled at the University of Azad in Mahabad, Iran, and graduated with a degree in nursing. After graduation, Mandana worked at Mam Khomani Hospital in Mahabad in labour and delivery. Both of Mandana's children were born in Iran. In 1999 her family moved to Agree, Turkey with the hope of immigrating to Canada. On February 12, 2001, Mandana, her husband and two sons finally arrived in Winnipeg, Mandana and family were not prepared for the killer wind chill on that cold Febru-

ary morning.

Mandana volunteered as a companion nurse at Misericordia in labour and delivery for a time. She graduated from Herzing College with a diploma in health care and worked at Victoria Hospital. Mandana still dreamed of nursing in Canada. SNAEC was recommended to Mandana as the place to go.

She says, "I love it here. I feel comfortable with all the teachers and Kelli. Coming to SNAEC was the best thing that ever happened to me. My grade 12 diploma will open many doors for me."

Adult Learners:

- Be brave! Take the Challenge
- It's doable!
- Watching a 60 year old man upgrade a math course totally blew me away with inspiration
- There is no substitute for hard work
- Don't ever give up on yourself. My teachers never allowed me to say "I cannot do this"

Learn Computer/ Business Skills at SNAEC

Do you want to improve your job prospects? Today, a knowledge of Microsoft Windows and Microsoft Office can go a long way in the job world!

At SNAEC we are excited to offer you beginner and more advanced courses in Microsoft Office 2007. As well, we offer a Seminar in Business focusing on communication and organization for business.

Microsoft Office 2007 includes the most commonly used programs in modern offices:

Ms Word—makes it easy to create letters, bulk mailings, brochures, posters, and any kind of documents for home,

school or work.

Ms Excel—calculates finances, helps with budgeting and crunches all kinds of numbers. You can learn to create tables and charts and use Excel as a database for information management.

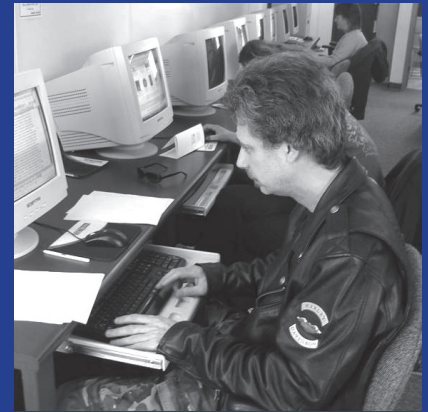
Ms PowerPoint—creates powerful slide-shows for presentations of all types. PowerPoint presentations are useful on the job for sales and training. They also can be used any time you want to add pictures and visuals to get a message across.

Ms Access and **Ms Outlook** are also job friendly. **Ms Access** creates relational databases to track data about employees, sales, income, expenses or inventory.

Ms Outlook is the most common email program in the world but it is more than that. You can learn to organize contacts and manage time with this program.

If you take business/computer courses as part of a Mature High School Diploma,

you will gain work skills. These skills can work along with the diploma to help you achieve your career goals.



Computer Lab @SNAEC

Consumer Math (Gets no respect)

*Knowledge is a great thing.
It can take you to anyplace
your mind can imagine.
But Knowledge is all but
useless without the will to
apply it.*

“When students complete high school,

they usually continue their education elsewhere or enter the workforce. In either case, they will often begin to live away from home and face new responsibilities. These may include acquiring adequate life insurance coverage, arranging affordable housing, securing a mortgage, paying property taxes, financial planning and paying income taxes.

Many students are not certain about their future career. This course will help them

to research and consider career options. It gives them an opportunity to explore suitable career possibilities. Through their research, some students have discovered suitable careers they did not know existed. Other students have decided against pursuing careers they realized would not work for them. “

Rani Reddy, Consumer Math 40S Instructor

Graduates at SNAEC: 200 and Counting

The graduating class of 2008 at St. Norbert Adult Education Centre will put our number of graduates over 200. This graduating class will have the distinction of also celebrating the 10th anniversary of our Learning Centre. Our graduates have moved on to improved job opportunities, post secondary education at Winnipeg Technical College, Red River College and university.

Students at SNAEC can graduate at the end of the first semester in January or the second semester in June.

The graduation ceremony for the Class of 2008 will be Thursday, June 26 at 7:30pm at the St. Norbert Community Centre.

Come and enroll with us and join the Class of 2009. It may be one of the best decisions you have ever made .



SNAEC Class of 2007

Adult Literacy Program

What can you expect?

A relaxed and respectful atmosphere, an education with no registration or tuition fees, one to one help and group work, individualized educational plans and continuous intake.

What do we offer?

- Morning and afternoon classes
- Learners work at own pace
- Assessments available to potential students
- Upgrading of math & language arts skills
- Access to our computer lab for students to complete assignments
- Easy access

Eligible Students: All students complete assessments in reading, writing, and/or math.

New Canadians are welcomed once they have attended an English as Additional Language Program (EAL) and have achieved a Canadian Language Benchmark level of 4 or more and can provide official documentation.

Contact us:

Phone: 204-261-3312

Fax: 204-275-8847

E-mail: katec@educbhf.ca

Web: www.bhf.ca

Our Literacy Objectives

- Provide supportive & motivating learning experience
- Encourage critical thinking
- Explore organization and goal-setting skills
- Empower independent student learning
- Encourage life-long learning
- Enhance academic skills and build confidence
- Assist in the transition to our Adult Learning Centre

I find this class helpful and I really enjoy it. Susie

The staff is always willing to help whenever is needed towards students and other staff members. Beverly

Being in this class I found myself ready and willing to learn with the help of staff. I feel really comfortable in the class an not afraid to ask questions. They make me feel really welcome. I really enjoy it. Jaimie

New Media Courses at SNAEC

We are launching a new set of Media/Technology courses in September 2008. The first course is Media Literacy 40S. The course is an introduction to the media explores the dynamics of the Internet, entertainment and communications mediums. We spend part of the course understanding how to make media of our own. Students can register for other media related courses such as Digital Pictures 25S, and Interactive Media 35S that use digital

images, software and the internet to speak in the language of the media. In a world saturated with media, this course is sure to be popular. If you love to spend hours watching television, surfing the internet, sending text messages on your cell phone or filling up your MP3 player with music, this might be the course for you.



If you want to know more about new technologies and media trends in society, sign up now.