

The Outfront

BHF Quarterly Newsletter



Sometimes, the biggest thing about the end of one year and beginning of another is just remembering to put the correct date on forms. But New Year's Day 2022 really was a significant date at BHF – it was the first day of Mike Calder's retirement.

Mike first came to the Foundation in 1981. Over the years he filled many roles and nurtured many improvements to our facility and our programs. Among other things, Mike ran the Foundation's ladder-making business, he organized BHF's Adopt A Highway project, ensured the property and vehicles were safe and well maintained, and helped new staff to understand what a therapeutic community is all about.

For many people, from Northwest Ontario to Alberta, Mike has been the face of BHF. For years he made countless trips to federal penitentiaries, helping people apply for parole into treatment. He completed many speaking engagements at schools, churches and community events. As an Elder and our first Director of Indigenous Services, Mike has provided traditional teachings and trainings for school groups, members of the police and armed forces, and for BHF's own residents and staff. Mike's contributions here exemplify the wholistic nature of the path toward health, including the intrinsic role of culture and identity in supporting healthy individuals, families and communities.

As Mike worked to develop BHF's Indigenous Services, Dave Courchene, member of Sakeeng First Nation, founder of the Turtle Lodge, was one of the many Elders who offered teachings and support. Dave's passing on December 8, 2021 was sad news indeed. We will remember him with respect and with gratitude for his insight, his compassion and his leadership.



CARF ACCREDITATION

We have always been proud that our programs are accredited internationally by CARF (Commission on Accreditation of Rehabilitation Services). We think it is important that people considering treatment know BHF is committed to excellence, voluntarily undergoing rigorous reviews by an experienced team of professionals in order to earn accreditation status.

This winter, for the first time, that review took place virtually, adding a whole new challenge as we tried to navigate technological challenges while still engaging in person to person dialogue with one surveyor in Louisiana and another in Georgia. It was definitely a learning curve but the surveyors were able to accomplish their tasks and share their feedback with us. Their report noted several strengths including:

“The organization offers transitional housing for residents to support independent living and without delineation of a maximum length of stay.”

“The organization has been successful in helping people whom others believed could not achieve recovery. Persons served consistently report that they enjoy the services at BHF. They express appreciation for the staff members and feel that the therapy and seminars have allowed them to improve their quality of life and express themselves in a healthy manner.”

“The organization is strongly committed to culturally relevant treatment, sweats and ceremonies. This provides a deep connection of cultural and spiritual roots to one’s family and traditions and promotes quality recovery and wellness for persons served.”

We are pleased to announce that we have once again earned three year accreditation in Community Housing, Residential Treatment, and Therapeutic Communities.



THANK YOU ...

Thank you to **Legacy Bowes** for a donation to support our work.

Thank you to **End Homelessness Winnipeg** for a grant toward Indigenous cultural programming.

Thank you to **Tapper Cuddy LLP** for a generous donation and words of support.

Thank you to the **Jewish Foundation of Manitoba** for a grant to purchase tools to be used on the traditional grounds.

Thank you to **St. Norbert Red River Co-op Grocery Store** for a welcome donation of Hey Clay for our daycare.

Thank you to local restaurants **Pasquale's Italian Restaurant, Silver Heights Restaurant, Brazen Hall Kitchen and Brewery and East India Company Pub & Eatery**. BHF was one of the recipients in their Holiday fundraising campaign for mental health and recovery.



Thank you to everyone who helped make the holiday season a happy time at BHF. Thank you to the parishioners of the **St. Norbert Catholic Church** for sending generous Christmas hampers to families in our transition houses. Thank you to the **Manitoba Prairie Quilters** for the beautiful gift bags and great stocking stuffers. Thank you to the staff and students at the **St. Norbert Adult Education Centre** for stocking stuffers as well. And thank you to all the **BHF staff** who went the extra mile with their time, energy and caring.

**THANK YOU TO ALL OUR DONORS, FRIENDS,
FAMILIES AND NEIGHBOURS.
YOUR SUPPORT MEANS SO MUCH TO US.**